



## Health Promoting Schools

The Health Promoting Schools wants everyone in our school to be healthy. We want to do this through healthy eating, exercise and being kind to ourselves and others. Marishe Phelan has given us some cooking demonstrations to show us how to make healthy treats for ourselves. She made soup, brown bread and breakfast muffins. We hope to raise money for a Buddy Bench for our school. A Buddy Bench will be a place for people to go if they have no one to play with. It will also be a reminder to us all to be kind on the yard.

**By Benjamin Peake and Beth Phelan, 2nd Class.**

## Reading Buddies



Buddy Reading is when we are given a buddy to read to. 3rd and 4th class read with Juniors and Seniors every Wednesday. We read to the same buddy each week. We read stories from the Book Fair when it came to our school. Ms Moore and Ms Hayes decided it would be a good idea for our school. Last week we read our 'Write a Book' stories to them and Juniors and Seniors read us their books. We love reading stories to them because they are so cute and great listeners. We get excited when Ms Hayes says it's time for reading buddies and the Infants get excited too because they really like having a Buddy read them a story.

**By Eadaoin Moynihan and Bonnie Bland, 3<sup>rd</sup> Class.**

## Heritage Day

On the 5th of October 3rd, 4th, 5th and 6th classes went on a heritage walk around Raheen village. We first walked to Tinakill House, where a woman named Trudy spoke to us about Patrick Lalor's house and family. James Fintan Lalor was famous for being a poet and making Ireland independent. We all walked to the old school (before the one past the church was built) and looked at Patrick Lalor's grave, where there was a lot of sheep-poo and mud. Finally we went back to school and had our lunches.

For part two of our walk, we all went to the church, where Trudy spoke to us about the church. We had to be quiet because it is God's house. Soon afterwards we walked to the old school (the one past the church) and spoke about the school and how children lived back then. They had to walk to school and if they were bold they got something thrown at them.

Lastly we went back to school and Trudy showed us an old programme called "Lassie". It was black and white because back then cameras didn't have that much colour. Lots of children watched it because it was one of the few children's programmes. I really enjoyed the day because we learned things about our village and we also didn't do any work!!

**By Claire Tierney, 3rd class.**

## BizWorld

For two days fifth and sixth class participated in Bizworld. We learned how to manage finances, design posters, how to make our products and to sell and manage our company. We were divided into groups and everyone had their own individual role in the business. Each group came up with great ideas. At the end we presented our businesses to the dragons. The dragons invested in our companies but not before they agreed on how much of the company's profits and what share of the company that they would get! After that, we presented to third and fourth class. They also invested in our businesses and got some samples from some groups. Overall, everybody had loads of fun and learned a lot about business.

**By Jack Farrell and Mark Hearn, 6<sup>th</sup> Class**

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## Scratch

In October 2018 Christopher Phelan, Jack Farrell, Leah Bergin and Evan Farrell started a coding project called Scratch. We split into two pairs Christopher and Jack, Leah and Evan. Both of our projects were based on sea pollution. Leah and Evan's project was about sharks being more endangered than they are dangerous and they made a story and quiz about endangered sharks. Christopher and Jack's project was based on plastic sea pollution and had games like dodging and cleaning up plastic in the sea. Both projects were made to show what sea pollution is. The two projects were sent to a Scratch competition on the 1st of March and we are still waiting to find out the results. We hope both projects did really well as took a very long time to make. You can check them out on the Tobar an Léinn website > school activities > scratch, thank you!

By Christopher Phelan and Evan Farrell, 6th class.

## PAWS (Primary Aquatics Water Safety)

One Friday two men and a woman came to Tobar an Léinn to talk to 3<sup>rd</sup> class about water safety.

They said water safety is very important because if you are not careful you might drown. They said a girl and her brother were playing hurling on a farm. The girl's brother went to get the ball and he accidentally fell into a slurry pit. The girl ran and grabbed her brother's hurl and he grabbed it and she pulled him out and because of that she got an award from Michael D. Higgins.

They also taught us about C.P.R [which is a life- saving skill] on a dummy they brought with them.

Before they left they gave us safety swimming hats.

By Paddy Farrell, Niamh Stackpool and Claire Tierney



## Track Racing

Jack Farrell and I have been competing in different track races with great success. Jack ran an amazing time of 19:15 minutes in a 4km race in Abbeyleigh and I finished a 4km in Portlaoise in just 21:40mins. When Jack ran a track race in Portlaoise with over 1000 participants he came 173<sup>rd</sup>! I also ran a track race in under 14s. I placed 1st in the long distance and 2nd in the short distance. We are both really enjoying it and are using our breaks in school to get in some practise!

By Keenan Hearn, 6<sup>th</sup> Class



## Grandparents Day

On Grandparents Day, each class sang a song for their grandparents. Our song was called "We Sing a Song to Brigid". The grandparents visited the classrooms and they were invited into the Seomra Teachta le Chéile for tea and coffee and lots of yummy treats.

My granny came from Portlaoise. She really enjoyed her day. She loved the card that I made her and I was delighted to have her there.

By Evan Maher, 2nd Class

## Green Schools

We will be doing WOW (Walk on Wednesday) after Easter, a great way to reduce our carbon footprint and keep us fit and strong!

